Carma Spa

KARMA SPA MENU





FACIAL TREATMENT

MANKIND FACIAL 60MIN=\$50.00 (ALL SKIN STYPE)

Begin with a deep cleansing and exfoliating facial that balances the skins natural oils and assists in preventing ingrown hairs. Soothing tone with woody aromas will de-sensitize your skin and a relaxing facial massage will tone and firm the muscles leaving you looking fresh and revitalized.

ANTI-ACTIVE FACIAL 60MIN=\$50.00 (COMBENATION SKIN)

This facial is designed to provide a lightening and glowing effect to your face. Combining a unique blend of strong antioxidants to enhance a multi-active exfoliation, it's the perfect facial to obtain glow and skin rejuvenation. The facial is completed with a calming alginates mask. Skin is left looking light, revitalized and bright.

DEEP MOISTUZING FACAIL 60 MIN=\$50.00 (FOR DRY SKIN)

This treatment will cleanse tone, exfoliate and moisturize your skin, as well as remove impurities from the pores and reawaken your face with a special mask. The one-hour treatment will leave your face look moisturize and younger.

PURIFYING FACIAL 60MIN= \$50.00 (FOR OILY SKIN)

Purifying facial action will help balance the sebum production, detoxifying the skin, maintaining closed pore and eliminating blackheads and whiteheads. This facial is suited for oily skin and acne. This skin care experience will balance the skin texture and promote cell renewal.

REJUVENATING FACIAL 60MIN= \$50.00 (FOR DULL SKIN /PIGMENTATION)

Is a treatment that can be used to address the effects of sun damage, heredity, and aging on facial skin. Skin imperfections such as wrinkles, uneven pigmentation, freckles, facial veins, brown spots, the treatment work full for wrinkle removal and reduce undesired pigmentation.

REFRESHING FACIAL (30MIN=\$30.00) ALL SKIN STPYE

This expresses facial treatment begins with cleansing and exfoliation therapy with the application of a light aromatic mist and calming mask. The treatment is completed with an application of rich moisturizers for the face, neck, and eyes.



MASSAGE TREATMENT

TENSION RELIEF MASSAGE 60MIN=\$40.00 /90MIN=55.00 /120MIN=\$75.00

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, helpful for lower back pain and sore, tight shoulders.

SIGNATURE KARMA MASSAGE 60MIN=\$40.00 /90MIN=\$55.00 /120MIN= 75.00\$

The signature spa helps to release tension from the body at a much deeper level. Using warm oil for deeply relaxing, as lymphatic drainage and acupressure techniques, this full body massage has been created to melt away tension, stimulate circulation and remove accumulated toxins.

SWEDISH MASSAGE 60MIN=\$40.00 /90MIN=\$55.00/120MIN=\$75.00

Additional Swedish massage techniques include circular pressure applied by the hands and palms, firm kneading, percussion-like tapping, bending and friction that soothe sore muscles and loosen tight joints, promotes deep relaxation.

TRADITIONAL KHMER MASSAGE 60MIN=\$38.00 /90MIN=\$50.00/120MIN=\$70.00

The Khmer traditional massage does not involve the use of oil or lotion, the therapists use their hands, forearms, knees, elbows, and even feet to flex the joints and apply pressure to your muscles. Khmer massage has many benefits for the individual. It uses the gentle pressure on energy lines, stretching to relax the whole body on a deeper level.

HOT STONE MASSAGE 60MIN=\$45.00/90MIN =\$65.00 /120MIN =\$85.00

Hot stone massage a lot of people like to enjoy the relaxing feeling of hot stones on their skin. A different kind of massage in Karma spa to feel great and rejuvenated during the treatment. Very relaxing massages that will make you feel a lot better and relaxed. An Experienced Massage at our spa will place smooth heated stones on your body while massaging to relieve the muscles tension and pain, improve blood circulation and flow of energy, helps to promote better sleep.

KHMER HOT COMPRESS MASSAGE 60MIN=\$40.00/90MIN =\$60.00 /120MIN =\$80.00

Treat yourself with a soothing Khmer herbal compress massage at Karma Spa, Experience the healing benefits of an aromatherapy massage combined with a selection of Khmer herb. Helps you feel your aches and pains melt away. Deeply relaxation, giving the body's energy reserves a huge boost.

BACK NECK AND SHOULDER MASSAGE 30MIN=\$25.00 /60MIN =\$38.00

A perfect way to unwind and relax, rhythmic strokes will soothe tension in your back, neck and shoulders; the body feels lighter and has greater flexibility.

FOOT REFLEXOLOGY 30MIN = \$20.00/60MIN =\$35.00

The goal of reflexology is to release stress/congestion in the nervous system and to balance a person's energy. A reflexology session may be general or it may focus on specific problem areas.

BODY TREATMENT

SALT GLOW BODY SCRUB 30MIN =\$30.00/60MIN =\$45.00

A salt scrub is the most popular body treatment at the spa. Its purpose is to exfoliate your skin, removing the outer most layer of dead skin cells and leaving your skin softer and smoother.

NATURAL BODY SCRUB 30MIN = \$30.00/60MIN=\$45.00

All natural body scrubs have the benefit of deep exfoliation combined with the health benefits of plant-based. Provide a very safe way to exfoliate skin keep it smooth and moisturizing. There are a number of excellent options for skin sensitivities or allergies.

EXFOLIATING BODY POLISH 30MIN =\$30.00 /60MIN=\$45.00

This gentle full-body exfoliation uses rice blend powder rich in plant essences. The treatment lifts away dead skin cells while oxygenating and soothing the skin. As a final touch, the skin is nourished and hydrated with a rich moisturizing body cream, leaving your skin feeling silky, smooth and refreshed.

DETOXIFYING BODY SCRUB 30MIN=\$30.00 /60MIN=\$45.00

A deeply cleansing body scrub to refine, smooth and clarify, for intensely hydrated and replenished skin. The ingredient form tamarind extract sweep away dry, dull skin, honey, sandalwood, Eucalyptus cleanse while Sweet almond oil nourishes and hydrates.

DETOX AND MUD BODY WRAPS 60MIN= \$45.00

Detox wraps use a variety of products such as algae, mud, clay, or gel to help rid the body of toxins. Then, you are wrapped in plastic and covered with a blanket for about 20 minutes, which is the body wrap. These products work by stimulating your circulation, drawing out impurities, and giving your body minerals it might be missing. Afterwards, the body mask is washed off and the esthetician will apply body cream.





SPA PACKAGE

ULTIMATE STRESS RELIEF FOR COUPLE 120MIN = \$ 160.00

It begins with an exfoliating Body Polish for lifts away dead skin cells, leaving your skin feeling silky, smooth and refreshed. Followed by 60mins Signature massage designed to reduce tension and increase circulation. Enjoy Peanuts and a glass of sparkling wine during bath Jacuzzi to melt away stress.

INDULGENT RELAXING EXPERIENCE 120MIN = \$ 110.00

It begins with an exfoliating Body Polish for lifts away dead skin cells, leaving your skin feeling silky, smooth and refreshed. Followed by 60mins Signature massage designed to reduce tension and increase circulation. Enjoy 30mins time alone with a private bath Jacuzzi ,fresh fruits and juice completely relaxed.

KARMA SPA EXPERIENCE 120MIN =\$110.00

Experience the benefits that flow from Khmer plant-based. Provide a very safe way to exfoliate skin keep it smooth and moisturizing. Followed by 60mins massage designed to release energy blockages throughout the body. With refreshing facial leaves skin healthy and glowing. Enjoy fresh fruits with fresh juice after treatment.

BODY & SOUL RELAXING 180MIN = \$140.00

For total relaxation, these therapeutic packages begin with Hot Stone Aromatherapy to rejuvenate soothes away all tension and stress, this is followed by a moisturizing facial designed to hydrate and nourish the face and scalp. Finish with classic manicure or pedicure. A cake and cappuccino leave you feeling revitalized.



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